

ALT	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
					
Turkey and Cheese Sandwich	3) Chicken Parmesan 27 Cucumber Salad 5 Green Beans 7 Wheat Roll 23 Baked Apples 27 Milk 12	4) Beef Chili 16 Broccoli 4 Tossed Salad 4 Cornbread 29 Jello w/Fruit 7 Milk 12	5) Meatloaf 12 Mashed Potatoes & Gravy 19 Mixed Veggies 8 Mandarin Oranges 12 Wheat Roll 23 Milk 12	6) Sweet/Sour Meatballs 10 Oriental Veggies 5 Tossed Salad 4 Brown Rice 21 Wheat Roll 23 Milk 12 Fruit 19	7) Chicken Tenders 13 Country Gravy 3 Potatoes 16 Broccoli 4 Carrot Slaw 24 Wheat Roll 23 Pineapple Cake 51 Milk 12
Chicken Caesar Salad	10) Shepherd's Pie 50 Tossed Salad 4 Wheat Roll 23 Apple Cobbler 23 Milk 12	11) Baked Chicken 2 Mashed Potatoes & Gravy 21 Mixed veggies 8 Jello w/Fruit 8 Milk 12 Wheat Roll 23	12) Hamburger 16 Cottage Fried Potatoes 19 Coleslaw 7 Lettuce, Tomato, Pickle, & Onion 10 Apple Crisp 36 Milk 12	13) Chicken Salad 7 Tossed Salad 4 Broccoli Pasta Salad 44 Wheat Roll 23 Fruit Salad 24 Milk 12	14) Lemon Pepper Cod Peas 12 Coleslaw 10 Fruit 20 Brown Rice Pilaf 22 Wheat Roll 23 Milk 12
Ham & Cheese Sandwich	17) CLOSED 	18) Meat Lasagna 46 Carrots 7 Tossed Salad 4 Fresh Fruit 25 Garlic Roll 23 Cookie 20 Milk 12	19) Breakfast Casserole 3 Mixed Fruit 31 Hash Browns 7 Coffee Cake 43 Milk 12	20) Roast Beef Mashed Potatoes with Gravy 19 Carrots 7 Caesar Salad 24 Jello w/Fruit 6 Wheat Roll 23 Milk 12	21) Spaghetti & Meatballs 34 Tossed Salad 4 Green Beans 7 Garlic Roll 23 Fresh Fruit 25 Milk 12
	24) New Nutrition Provider to begin - Menu to come soon...	25)	26)	27)	28)

Menu is subject to change at anytime.

Numbers indicate Carbohydrate Count for each item.



Davis
COUNTY
HEALTH
DEPARTMENT

726 South 100 East
Bountiful, UT 84010
801-451-3660

goldenyears@daviscountyutah.gov

Center Hours

Monday - Friday
8:00am to 5:00pm

Transportation

Monday - Friday
Suggested Contribution
\$1.50 each way

Lunch

Monday - Friday
11:30am - 12:00pm
Reservation Required
3 days in advance
\$3.00 60 & Over
\$6.00 59 & Below
Suggested Contribution

Center Staff

Karen Henderson
Center Manager
Nannette Hadley
Activity Coordinator
Charie Limutau
Food Coordinator
Kathy Hankins
Food Service Worker
Patsy Stewart
Front Desk
Diana Fenn
Matt Brady
Drivers

South Davis Senior Center February 2020


Valentine's Party
Dinner & Dancing
 Thursday, February 13th 4:00 - 6:00 pm
South Davis Senior Center
 726 South 100 East Bountiful UT 84010
 \$5.00 per person includes a pasta dinner
 Sign up available in person at any of the Davis County Senior Centers
 North Davis 801-525-5080 ~ Central Davis 801-444-2290 ~ South Davis 801-451-3660
 Sign up ends Wed. 5th


Need tax help?



DeVon Steiner

801-292-1389

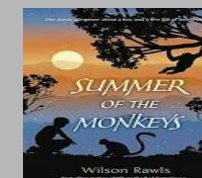
on Monday's to schedule an appointment.



**BOOK
CLUB**

TUESDAY 25TH @
12:30

**Summer of the
Monkeys**



By Wilson Rawls

BLIZZARDFLIP
FABRIQUE
Kingsbury Hall
 FLIP Fabrique brings a fresh take on contemporary circus, creating whimsical, playful shows punctuated by breathtaking acrobatics. With Blizzard, FLIP Fabrique takes you on a crazy and poetic journey in the dead of winter, inviting you to lose yourself in a moment of complete wonder. With performers at the peak of their art and outstanding visual poetry, Blizzard promises to take the stage by storm and blow away everything in its path.
 With acrobatics, juggling, aerial hoops, trampoline trickery, and original music, Blizzard is the perfect cure for your winter blues.
Thursday, Feb 13th @ 9:00 am
\$3.00 + Lunch at Robintino's
Space is limited! Sign up today!
FEB 13